

100 Mile

Swimmer No-28-82

Mrs. Ruth Jarvis, completed swimming 100 miles at the Wasatch Community Pool on their American Red Cross "Swim and Stay Fit" program.

Ruth married Dr. Kelly Jarvis. and they have four children, Kasey, Betsy, Katie and Charlie.

Active in the church she works in the primary organization.

She graduated from Ricks college in 1972 with a B.S. in Elementary Ed. and Early Childhood Education.

A native of Illinois she moved to Utah in 1977, and enjoys swimming, bike riding and walking. Her hobbies are sewing, reading and cooking.

Commenting on the program she stated, "I enjoy swimming and plan to swim as often as possible."

Kelly Jarvis

The Utah Chiropractic Association installed its new officers for 1987 at the Westin Hotel-Utah on January 24.

Dr. Kelly B. Jarvis, Heber City, was elected president assuming the position vacated by Dr. Jeffrey Wheeler, Ogden, who served for two years.

Dr. Larry Higginson, Salt Lakel City, was elected vice-president. Dr. Patrick Egbert, West Jordan, was elected secretary. Dr. Jay Sorensen. Provo, was elected treasurer assuming the position of Dr. Allen Billeter. Salt



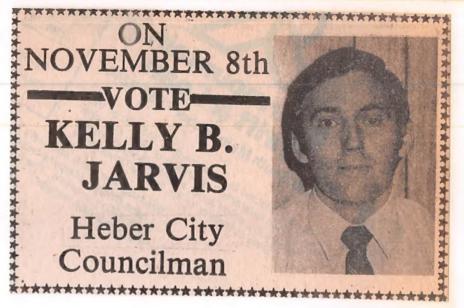
Kelly Jarvis

Lake City, who served for more than 20 years.

The 200 member chiropractic as-

sociation is an affiliate of the American Chiropractic Association, Arlington, Va.

The results of the election were announced at a black tie affair held in the Lafayette Ballroom





Place Place Place WIFE'S MOTHER and plans to continue. the Early Morning Swim Program DREN The LDS Church. He swims during WHEN BORN ving or dead) in order of birth and racquetball and he is active in DAY MONTH YEAR SURNAME enjoys canocing, rowing, sailing An outstanding swimmer, he 1849 wife Ruth have three children. Chiropractic Clinic. He and his Dr. Jarvis operates the Wasatch "Swim and Stay Fit" Program. Pool on the American Red Cross miles at the Wasatch Community recently completed swimming 200 Dr. Kelly Jarvis, of Heber City, DR. KELLY JARVIS Accomplished Swimmers 48 Wasatch Wave Heber City, UT 84032 Thursday, January 21, 1982 Society of The Church of Jesus Christ of Latter-day Saints, Inc.

Place

4B Wasatch Wave Heber City, UT 84032 Thursday, January 21, 1982 Accomplished Swimmers



DR. KELLY JARVIS

Dr. Kelly Jarvis, of Heber City. recently completed swimming 200 miles at the Wasatch Community Pool on the American Red Cross "Swim and Stay Fit" Program.

Dr. Jarvis operates the Wasatch Chiropractic Clinic. He and his wife Ruth have three children.

An outstanding swimmer, he enjoys canoeing, rowing, sailing and racquetball and he is active in the LDS Church. He swims during the Early Morning Swim Program and plans to continue.

Chiropractor Attends Seminar

3 May 1984 Wave

Dr. Kelly B. Jarvis recently attended a seminar on the classification, diagnosis, and treatment of the most common causes of low back pain in Denver, Colorado.

The seminar drew as its sources of references, the work of Dr. Kirkaldy-willis, immediate past president of the International Society for the Study of the Lumbar Spine and author of Managing Low Back Pain. Also drawn as reference was the work of Dr. James Cox using the distraction method, which is drawing greater attention in its non-surgical approach to low back disk problems.

The doctors attending the seminar learned about the new

arena of preventive spinal hygiene and egonomics (proper working postures.) These preventive techniques are taught through "back schools."

The purpose of the seminar is to encourage the conservative management of back problems away from drugs and surgery towards prevention and physiotherapy/manipulative therapy.

The seminar discussed the findings of Lind, Farfan, Cyriax, White and Punjabi, Hookins and Hicky, and Herlin to mention a few. These clinicians have all contributed substantial new knowledge about the low back.

The seminar was sponsored by the National College of Chiropractic Postgraduate School, Chicago, III. Interest Group fireside at the Heber Stake Center. Mr. Huber is in charge of the food for the astronauts. He spoke on self-esteem and the need for each person to feel needed and had the ove of a father in heaven that

visiting.

heir nests so I guess it must be spring.

Norma Fitzgerald, Ray Sonderegger, Alberta Provost and Vane and Marian Provost of American Fork went to Santa Barbara, California for the funeral of their prother John Edward Sonders are prother to the prother John Edward Sonders are prother to the prother to the

The robins are busy building

oves them.

California for the funeral of their prother John Edward Sonderegger who died at the age of 68 of a massive heart attack. His funeral nd burrial was Friday. They rrived home Sunday night.

Roger and Kaye Graham of Drem and their children B.J. who is four years old and Haley, two, re staying here with the children f Allen and Jane Toronto. Sunday then and Jane went to Texas to a

pecial clinic for Jane's health.

Our prayers for her are many.

proud parents of their 4th child a boy born, Friday, April 20, 1984.

Brent and Lisa Palmer have their number two child, a girl born, Sat. April 21, 1984.

At the Midway Third Ward Audrey Hill was sustained as the CTR A primary teacher. Lois Ivers was sustained as Camp Specialist.

Allen and Shelly Luke are the

was sustained as Camp Specialist.

David and Sherry Omans have purchased a 2 acre real estate property south of Richard Horrocks. They moved here Friday with their trailer home. They plan to start building their home soon. Mr. Omans works as a commercial artist for Mountain Bell. He also loves fine art and sculpturing. Mrs. Omans is also an artist. She enjoys painting wildlife.

150 Mile Swimmer

Recently completing swimming 150 miles at the Wasatch community swimming pool was Mrs. Ruth Jarvis.

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Ruth was born in Illinois but has lived in Utah since 1977. Her

